ROCS Distance Night & Pentathlon - 2024-04-12 to 2024-04-13 Results - Distance Night

Event 1	Girls 11-1	2 800 LC	Meter	Freestyle
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	1 Girls 11-12 800 LC Meter Name		Team	Seed Time	Finals Time	
1	Glinski, Georgia K	12	Roc Swimming	12:00.99	11:13.64	
2	Pons, Floriane A	12	Roc Swimming	12:30.99	12:27.23	
3	Sheppard, Norah A	11	Roc Swimming	13:35.99	13:22.86	
4	Albright, Mikayla	11	Swim Ottawa	13:20.00	13:27.62	
5	Bailey, Victoria	12	Swim Ottawa	12:30.00	13:50.25	
	Duffey, Quinn	11	Swim Ottawa	13:30.00	14:18.22	
	Pasher, Megan	12	Swim Ottawa	12:45.00	14:18.46	
8	Leong, Eleanor W	11	Roc Swimming	14:45.99	14:19.22	
	Piche, Danika	12	Swim Ottawa	14:00.00	14:23.20	
10	Helmer, Ava E	11	Roc Swimming	14:00.99	14:27.98	
11		12	Swim Ottawa	14:00.00	14:29.28	
12	Eidus, Freya	11	Swim Ottawa	14:20.00	15:17.40	
13	Dean, Zoe	12	Swim Ottawa	13:00.00	15:19.83	
14	Kelly, Clementine	12	Swim Ottawa	13:00.00	15:20.14	
15		11	Swim Ottawa	13:00.00	15:20.59	
16	Sink, Matilda	12	Swim Ottawa	15:45.00	15:36.46	
	Moher, Sophie	12	Swim Ottawa	15:30.00	15:36.49	
	Barber, Kalla	11	Swim Ottawa	14:30.00	15:41.83	
	Pereira, Eva	11	Swim Ottawa	15:15.00	16:17.93	
		Fue estad e				
Event	1 Boys 11-12 800 LC Meter Name		Team	Seed Time	Finals Time	
1	Cardinal, Mathias A	_	Roc Swimming	12:30.99	12:38.33	
	Geddes, Bennett A	11	_	12:47.99	12:56.92	
		11	Swim Ottawa	12:47.99		
	Addicks, Soren Chou, Colin	11	Swim Ottawa	12:40.00	13:18.39	
4 5		12		12:30.00	13:50.07	
_			Roc Swimming		13:57.25	
	de Guzman, Ethan J		Roc Swimming	13:39.99	14:26.17	
	Jennings, Rowan H		Roc Swillining	15:30.99	14:29.85	
Event	2 Girls 13-14 800 LC Meter	=				
	Name		Team	Seed Time	Finals Time	
	Tocchi, Mia C		Roc Swimming	10:35.38	10:39.35	
	Arbuthnot, Grace T		Roc Swimming	10:58.09	11:08.10	
3	M 1:41- T M					
	Meredith, Teagan M	_	Roc Swimming	11:14.36	11:26.54	
	McClung, Addyson	14	Petawawa Predators	13:56.56	11:59.48	
5	McClung, Addyson Wilson-East, Olivia M	14 13	Petawawa Predators Roc Swimming	13:56.56 13:00.99		
5	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G	14 13 13	Petawawa Predators Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35	11:59.48 12:00.43 12:05.64	
5 6 7	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A	14 13 13 13	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99	11:59.48 12:00.43	
5 6 7 8	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L	14 13 13 13	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35	11:59.48 12:00.43 12:05.64	
5 6 7 8 9	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia	14 13 13 13 14 13	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78	
5 6 7 8 9	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L	14 13 13 13 14 13	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32	
5 6 7 8 9 10	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia	14 13 13 13 14 13	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78	
5 6 7 8 9 10	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia Hall, Cody L	14 13 13 13 14 13 14 C Meter Fre	Petawawa Predators Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78	
5 6 7 8 9 10 Event	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia Hall, Cody L 2 Women 15 & Over 800 LO	14 13 13 13 14 13 14 2 Meter Fre Age	Petawawa Predators Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99 12:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78 12:54.58	
5 6 7 8 9 10 Event	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia Hall, Cody L 2 Women 15 & Over 800 LO Name	14 13 13 13 14 13 14 2 Meter Fre Age	Petawawa Predators Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99 12:30.99	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78 12:54.58	
5 6 7 8 9 10 Event	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia Hall, Cody L 2 Women 15 & Over 800 LO Name Ravard, Liya C Hollingworth, Mylie J	14 13 13 14 13 14 2 Meter Fre Age 16	Petawawa Predators Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99 12:30.99 Seed Time 10:27.50	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78 12:54.58 Finals Time 10:20.85	
5 6 7 8 9 10 Event 1 2	McClung, Addyson Wilson-East, Olivia M Oma, Alyssia G Taylor Lee, Emma A Crinjala Faca, Kaitlyn L Nourozi, Maia Hall, Cody L 2 Women 15 & Over 800 LO Name Ravard, Liya C Hollingworth, Mylie J Cardinal, Daliane M	14 13 13 14 13 14 2 Meter Fre Age 16 16	Petawawa Predators Roc Swimming	13:56.56 13:00.99 12:28.35 12:30.99 12:30.99 11:30.99 12:30.99 Seed Time 10:27.50 10:33.94	11:59.48 12:00.43 12:05.64 12:08.10 12:15.32 12:24.78 12:54.58 Finals Time 10:20.85 10:32.90	

ROCS Distance Night & Pentathlon - 2024-04-12 to 2024-04-13 Results - Distance Night

Event 2 Boy	/s 13-14	800 LC	Meter	Freestyle
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	Name	Age	Team	Seed Time	Finals Time	
1	Merrick, Joshua Kieran	14	Petawawa Predators	NT	11:15.06	
2	Milne, Lex W	13	Roc Swimming	11:30.99	12:04.09	
3	Struthers, Kyle A	14	Roc Swimming	12:00.99	12:08.31	
Event :	2 Men 15 & Over 800 LC Me	ter Freest	yle			
	Name	Age	Team	Seed Time	Finals Time	
1	Thomson, Ben P	17	Roc Swimming	10:00.44	9:37.75	
2	Gohl, James	19	Carleton University	10:38.46	10:24.73	
3	Pons, Raphael J	15	Roc Swimming	10:33.33	10:29.19	
4	Meredith, Hadley W	15	Roc Swimming	10:59.30	10:54.42	
5	Laliberte, Tyler N	18	Roc Swimming	12:20.64	11:03.05	
Event :	3 Girls 13-14 1500 LC Meter	r Freestyle				
	Name	Age	Team	Seed Time	Finals Time	
1	Anderson, Claire C	14	Roc Swimming	22:00.99	21:20.78	
		4.0	Roc Swimming	22:00.99	21:27.15	
	McCourt, Keira K	13	KOC SWIIIIIIIII	22.00.99	21.27.13	
2	McCourt, Keira K McCourt, Naomi K	_	Roc Swimming	22:00.99	21:28.67	
2	· ·	13	Roc Swimming			
2	McCourt, Naomi K	13 C Meter Fr	Roc Swimming			
2 3 Event 3	McCourt, Naomi K 3 Women 15 & Over 1500 L	13 C Meter Fr Age	Roc Swimming eestyle	22:00.99	21:28.67	
2 3 Event 3	McCourt, Naomi K 3 Women 15 & Over 1500 L Name	13 C Meter Fr Age 15	Roc Swimming eestyle Team Roc Swimming	22:00.99 Seed Time	21:28.67 Finals Time	
2 3 Event 3	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S	13 C Meter Fr Age 15 r Freestyle	Roc Swimming eestyle Team Roc Swimming	22:00.99 Seed Time	21:28.67 Finals Time	
2 3 Event: 1 Event:	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter	13 C Meter Fr Age 15 r Freestyle Age	Roc Swimming eestyle Team Roc Swimming	22:00.99 Seed Time 20:30.58	21:28.67 Finals Time 20:45.29	
2 3 Event : 1 Event :	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name	13 C Meter Fr Age 15 r Freestyle Age 13	Roc Swimming eestyle Team Roc Swimming Team	22:00.99 Seed Time 20:30.58 Seed Time	21:28.67 Finals Time 20:45.29 Finals Time	
2 3 Event: 1 Event: 1 2	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander	13 C Meter Fr Age 15 r Freestyle Age 13 14	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65	
2 3 Event: 1 Event: 1 2 3	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E	13 C Meter Fr Age 15 r Freestyle Age 13 14 13	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07	
2 3 Event: 1 Event: 1 2 3	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M	C Meter Fr Age 15 r Freestyle Age 13 14 13	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07	
2 3 Event: 1 Event: 1 2 3 Event:	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M 3 Men 15 & Over 1500 LC M	C Meter Fr Age 15 r Freestyle Age 13 14 13 leter Frees Age	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming Roc Swimming Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99 20:41.99	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07 20:18.17	
2 3 Event : 1 1 2 3 Event : 1	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M 3 Men 15 & Over 1500 LC M Name	C Meter Fr Age 15 r Freestyle Age 13 14 13 leter Frees Age 22	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming tyle Team	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99 20:41.99 Seed Time	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07 20:18.17 Finals Time	
2 3 Event : 1 2 3 Event : 1 2 3 Event : 1 2	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M 3 Men 15 & Over 1500 LC M Name Tuck, Finn	13 C Meter Fr Age 15 r Freestyle Age 13 14 13 leter Frees Age 22 16	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming tyle Team Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99 20:41.99 Seed Time 17:30.99	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07 20:18.17 Finals Time 17:32.23	
2 3 Event: 1 2 3 Event: 1 2 3 Event:	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M 3 Men 15 & Over 1500 LC M Name Tuck, Finn Lalonde, Louis M	13 C Meter Fr Age 15 r Freestyle Age 13 14 13 leter Frees Age 22 16 15	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming tyle Team Roc Swimming Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99 20:41.99 Seed Time 17:30.99 17:33.12	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07 20:18.17 Finals Time 17:32.23 17:48.90	
2 3 Event: 1 2 3 Event: 1 2 3 4	McCourt, Naomi K 3 Women 15 & Over 1500 L Name Lowe, Emma S 3 Boys 13-14 1500 LC Meter Name Do, Alexander Pilkington, Nate E Anand-Danek, Chris M 3 Men 15 & Over 1500 LC M Name Tuck, Finn Lalonde, Louis M Seely, Joshua A	13 C Meter Fr Age 15 r Freestyle Age 13 14 13 leter Frees Age 22 16 15 19	Roc Swimming eestyle Team Roc Swimming Team Roc Swimming Roc Swimming Roc Swimming tyle Team Roc Swimming	22:00.99 Seed Time 20:30.58 Seed Time 19:30.90 19:45.99 20:41.99 Seed Time 17:30.99 17:33.12 19:34.68	21:28.67 Finals Time 20:45.29 Finals Time 18:41.65 19:46.07 20:18.17 Finals Time 17:32.23 17:48.90 19:06.31	