

ROCS Distance Night & Pentathlon - 2024-04-12 to 2024-04-13**Results - Distance Night****Event 1 Girls 11-12 800 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Glinski, Georgia K	12	Roc Swimming	12:00.99	11:13.64
2	Pons, Floriane A	12	Roc Swimming	12:30.99	12:27.23
3	Sheppard, Norah A	11	Roc Swimming	13:35.99	13:22.86
4	Albright, Mikayla	11	Swim Ottawa	13:20.00	13:27.62
5	Bailey, Victoria	12	Swim Ottawa	12:30.00	13:50.25
6	Duffey, Quinn	11	Swim Ottawa	13:30.00	14:18.22
7	Pasher, Megan	12	Swim Ottawa	12:45.00	14:18.46
8	Leong, Eleanor W	11	Roc Swimming	14:45.99	14:19.22
9	Piche, Danika	12	Swim Ottawa	14:00.00	14:23.20
10	Helmer, Ava E	11	Roc Swimming	14:00.99	14:27.98
11	Mizobuchi, Rebecca	12	Swim Ottawa	14:00.00	14:29.28
12	Eidus, Freya	11	Swim Ottawa	14:20.00	15:17.40
13	Dean, Zoe	12	Swim Ottawa	13:00.00	15:19.83
14	Kelly, Clementine	12	Swim Ottawa	13:00.00	15:20.14
15	Smaglinski, Hannah	11	Swim Ottawa	13:00.00	15:20.59
16	Sink, Matilda	12	Swim Ottawa	15:45.00	15:36.46
17	Moher, Sophie	12	Swim Ottawa	15:30.00	15:36.49
18	Barber, Kalla	11	Swim Ottawa	14:30.00	15:41.83
19	Pereira, Eva	11	Swim Ottawa	15:15.00	16:17.93

Event 1 Boys 11-12 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Cardinal, Mathias A	12	Roc Swimming	12:30.99	12:38.33
2	Geddes, Bennett A	11	Roc Swimming	12:47.99	12:56.92
3	Addicks, Soren	11	Swim Ottawa	12:45.00	13:18.39
4	Chou, Colin	11	Swim Ottawa	12:40.00	13:50.07
5	Mordel, Liam	12	Swim Ottawa	12:30.00	13:57.25
6	de Guzman, Ethan J	12	Roc Swimming	13:39.99	14:26.17
7	Jennings, Rowan H	12	Roc Swimming	15:30.99	14:29.85

Event 2 Girls 13-14 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Tocchi, Mia C	13	Roc Swimming	10:35.38	10:39.35
2	Arbuthnot, Grace T	14	Roc Swimming	10:58.09	11:08.10
3	Meredith, Teagan M	13	Roc Swimming	11:14.36	11:26.54
4	McClung, Addyson	14	Petawawa Predators	13:56.56	11:59.48
5	Wilson-East, Olivia M	13	Roc Swimming	13:00.99	12:00.43
6	Oma, Alyssia G	13	Roc Swimming	12:28.35	12:05.64
7	Taylor Lee, Emma A	13	Roc Swimming	12:30.99	12:08.10
8	Crinjala Faca, Kaitlyn L	14	Roc Swimming	12:30.99	12:15.32
9	Nourozi, Maia	13	Roc Swimming	11:30.99	12:24.78
10	Hall, Cody L	14	Roc Swimming	12:30.99	12:54.58

Event 2 Women 15 & Over 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Ravard, Liya C	16	Roc Swimming	10:27.50	10:20.85
2	Hollingworth, Mylie J	16	Roc Swimming	10:33.94	10:32.90
3	Cardinal, Daliane M	15	Roc Swimming	11:34.95	10:35.87
4	Dean, Isabella D	16	Roc Swimming	10:42.65	10:52.43
5	Laliberte, Samantha M	16	Roc Swimming	11:48.42	11:02.63

ROCS Distance Night & Pentathlon - 2024-04-12 to 2024-04-13**Results - Distance Night****Event 2 Boys 13-14 800 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Merrick, Joshua Kieran	14	Petawawa Predators	NT	11:15.06
2	Milne, Lex W	13	Roc Swimming	11:30.99	12:04.09
3	Struthers, Kyle A	14	Roc Swimming	12:00.99	12:08.31

Event 2 Men 15 & Over 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Thomson, Ben P	17	Roc Swimming	10:00.44	9:37.75
2	Gohl, James	19	Carleton University	10:38.46	10:24.73
3	Pons, Raphael J	15	Roc Swimming	10:33.33	10:29.19
4	Meredith, Hadley W	15	Roc Swimming	10:59.30	10:54.42
5	Laliberte, Tyler N	18	Roc Swimming	12:20.64	11:03.05

Event 3 Girls 13-14 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Anderson, Claire C	14	Roc Swimming	22:00.99	21:20.78
2	McCourt, Keira K	13	Roc Swimming	22:00.99	21:27.15
3	McCourt, Naomi K	13	Roc Swimming	22:00.99	21:28.67

Event 3 Women 15 & Over 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Lowe, Emma S	15	Roc Swimming	20:30.58	20:45.29

Event 3 Boys 13-14 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Do, Alexander	13	Roc Swimming	19:30.90	18:41.65
2	Pilkington, Nate E	14	Roc Swimming	19:45.99	19:46.07
3	Anand-Danek, Chris M	13	Roc Swimming	20:41.99	20:18.17

Event 3 Men 15 & Over 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Tuck, Finn	22	Roc Swimming	17:30.99	17:32.23
2	Lalonde, Louis M	16	Roc Swimming	17:33.12	17:48.90
3	Seely, Joshua A	15	Roc Swimming	19:34.68	19:06.31
4	Jamnicky, Adam	19	Carleton University	18:30.31	19:52.03
5	Peebles, Kristopher	18	Petawawa Predators	20:17.44	20:27.17
6	Seydaliev, Mikhall	15	Petawawa Predators	23:08.19	20:46.82