

2023 U Sports Championships at Saanich Commonwealth Place, Victoria, BC, ON

February 23-25, 2023

Carleton University Ravens Report

Cameron Teasdale was Carleton's only swimmer. This year's format was short course (25m pool = SC) heats, and long course (50m pool = LC) finals.

On day one, Cam placed 15th in 50m breaststroke in 29.19 LC, earning 12 points. His 28.08 SC in the heats was a varsity record. A big thank you to alumnus **Will Litchfield** who was there to cheer for Cam in the heats!

On day two, Cam was 24th in 100m breaststroke in 1:05.80 LC (1:02.48 SC), earning 1 point. He was also 54th with 25.99 SC in 35.99.

On day three, Cam placed 29th in 200m breaststroke in 2:18.92 SC.

Cam finished with a total of 13 points. Great job by Cam and Head Coach **Pierre Lafontaine**.

Cam is a team captain and an Academic All-Canadian (with an A average in his studies). He will be graduating this year with a Bachelor in Computer Science. The team will miss his presence on the deck and at the pool next season.

Links

Results and the Top 20 and all Top Times can be found near the top of our [web site](#).

Full results: <https://www.pacificcoastswimming.com/LiveResults/current-meet/> and on the Meet Mobile App. A print version will be added to the web site when available.

Cam's 50m breaststroke heats video (credit: **Will Litchfield**):

<https://www.sce.carleton.ca/faculty/lynnmar/swimteam/Cam50brHeats.mp4>

Cam's 50m breaststroke finals video (credit: **Ella Milloy**):

<https://www.sce.carleton.ca/faculty/lynnmar/swimteam/Cam50brFinal.mp4>

Cam's 50m breaststroke finals video post-swim reaction (credit: **Ella Milloy**):

<https://www.sce.carleton.ca/faculty/lynnmar/swimteam/Cam50brFinalReact.mp4>

Photos on the next two pages.

Photos



