

Lynn Marshall

From: Lynn Marshall <lynnmar@sce.carleton.ca>
Sent: April 19, 2022 4:00 PM
To: 'Steve Baird'; 'Mark Blenkinsop'; 'Blake Christie'; 'Sean Dawson'; 'Adrian Finn'; 'Mits Kachi'; 'Tim Kilby'; 'Lynn Marshall'; 'David Thibodeau'
Subject: Registration Update: Carleton Masters Swimming Newsletter #577B
Importance: High

Note: To make things easier for everyone, registration will open at noon tomorrow (Wednesday April 20) for both the Spring and Summer sessions.

Winter Make-Up, Spring and Summer Sessions

The pool will reopen on Saturday May 21. Masters swimmers must have a valid membership for all sessions that they attend. Carleton students who are not taking courses during the Spring/Summer need to purchase a membership. There are special deals on Summer memberships for students and non-students:

<https://athletics.carleton.ca/memberships/summer-memberships/>. The details below can also be found on our web site: <https://carletonmasters.tripod.com/index.html#schedSpringSummer>. Starting in May, proof of vaccination will not be required, but the mask mandate remains in place. In addition, we will use just the normal ("front") doors to enter and exit the changerooms from the pool deck. Note that the morning groups will start 5 minutes earlier.

Winter Make-Up Workouts

As the Winter session was shortened, **the** first week of workouts will be Winter "Make-Up" workouts offered free of charge to all those registered for Winter. Your make-up workouts correspond to the group(s) that you are currently registered in:

Saturdays: Saturday May 21 10:45-11:55am

Earlybirds 1: Monday May 23 8:30-9:30am, Wednesday May 25 7:30-8:30am, Friday May 27 7:30-8:30am; Coach: Lynn

Earlybirds 2: Monday May 23 9:35-10:35am, Wednesday May 25 8:35-9:35am, Friday May 27 8:35-9:35am; Coach: Lynn

Whitecaps 1: Monday May 23 5:00-6:10pm, Tuesday May 24 6:00-7:10pm, Thursday May 26 6:00-7:10pm; Coaches: Sean and Mark

Whitecaps 2: Monday May 23 6:15-7:15pm, Tuesday May 24 7:15-8:15pm, Thursday May 26 7:15-8:15pm; Coaches: Sean and Mark

Spring Session

Registration for the Spring Session starts noon Wednesday April 20. The Spring Session runs from May 28 to June 30:

Saturdays: 8:15-9:25am; Coaches: Rotating Schedule; \$28+HST

Earlybirds 1: Monday/Wednesday/Friday 7:30-8:30am; Coach: Lynn; \$60+HST

Earlybirds 2: Monday/Wednesday/Friday 8:35-9:35am; Coach: Lynn; \$60+HST

Whitecaps 1: Monday/Tuesday/Thursday 6:00-7:10pm; Coaches: Sean and Mark; \$68+HST

Whitecaps 2: Monday/Tuesday/Thursday 7:15-8:15pm; Coaches: Sean and Mark; \$64+HST

Summer Session

Registration for the Summer Session starts noon Wednesday April 20. The Summer Session runs from July 2 to September 3, with no workouts on August 1:

Saturdays: 12:15-1:25pm; Coaches: Rotating Schedule; \$62+HST

Earlybirds 1: Monday/Wednesday/Friday 7:30-8:30am; Coach: Lynn; \$112+HST

Whitecaps 1: Monday/Tuesday/Thursday 6:00-7:10pm; Coaches: Sean and Mark; \$118+HST