

Lynn Marshall

From: Lynn Marshall <lynnmar@sce.carleton.ca>
Sent: February 19, 2022 11:15 AM
To: 'Steve Baird'; 'Mark Blenkinsop'; 'Blake Christie'; 'Sean Dawson'; 'Adrian Finn'; 'Mits Kachi'; 'Tim Kilby'; 'Lynn Marshall'; 'David Thibodeau'
Subject: Reminder: Family Day Masters Swim Times

Just a reminder that the weekday Masters groups **will** run on Monday February 21, but at **different** times from usual:

7:35am Earlybirds Workout is: **8:35-9:35am**

8:40am Earlybirds Workout is: **9:40-10:40am**

6pm Whitecaps Workout is: **5:00-6:10pm**

7:15pm Whitecaps Workout is: **6:15-7:15pm**

A reminder that due to COVID restrictions you may only attend the workouts of the group that you are registered with.

Have a great long weekend!

Lynn