6:45pm Whitecaps

Left lane (back to front): Emilia Kedzierski, Karen Jensen, Bekah Dyck, Danielle Le Saux-Farmer, Lynn Marshall (Coach)

Middle lane (back to front, left to right): John Clarke, Cathy Gardner;
    Mars Nienhuis, Matthew Sinclair, Rachel Bennett;
    Carolyn Odecki, Mary Donaghy, Joanie Conrad (partly blocked);
    Christian Cattan, Joanne Dawson, Cameron Dawson;
    Stephane Raynaud, Sean Dawson (Coach)

Right lane (back to front, left to right): Zoltan Csepregi, Ogi Gutovic;
    Leila Ebrahimpoor, Sandy Dawson (partly blocked), Nicole Delisle, Konstantin Petoukhov
8:00pm Whitecaps

Left side (back to front): Sebastien Robillard-Cardinal, Nathan Fudge, Mark Lebel, Lynn Marshall (Coach)

Middle: Lara Thorpe

Right side (back to front): Susan Murray, Mariette Kenney, Seana Biggs, Kelly Biggs, Mark Blenkinsop (Coach)
7:45am Earlybirds

Back to Front, Left to Right: Marie-Odile Junker, Dawn Walsh;
Ian Lorimer, Lillian Wheatley;
Eleanor Fast, Ruth Fawcett, Mike Mopas;
Harley Gifford, Mike Wheatley;
Andrew Rolleston, Heloise Emdon, Brian Lehmkuhl and Marie-Eve Racette (photo);
Susan Hulley, Steve Dods, Susan Nevitt-Yelle, Nicole Le Saux, Margaret Janse van Rensburg;
Ursula Scott, Ellen Pazdzior;
Martin B, Titia Kaandorp, Liliane Cardinal, Angela Davis;
Lynn Marshall (Coach), Kevin Fox, Jake Graham
9:00am Earlybirds

This group had the biggest challenge, due to being in the deep end!

Back to front, left to right: Sarah Petrin-Perron, Colette Kenney, Margaret King, Sean Dawson (Coach);

   Peter Barton, Isla Paterson;
   Ralph Siemsen, Luciara Nardon;
   Debby Whately; Flo Kellner;
   Cori Dinovitzer, Robin Henderson;
   Doug Brubacher, Melanie Heroux;
   Jocelyn Pender;

Lynn Marshall (Coach), Bob Tipple
7:45am Saturdays

Back to front, left to right: Lynn Marshall (Coach), Ian Lorimer, Stephanie Le Saux-Farmer;
France Saint-Denis, Mary Lou Dunnigan, Nathan Fudge;
Liliane Cardinal, Nicole Le Saux, Margaret Janse van Rensburg;
Kyle Robbins, Jim Farmer, Christian Cattan;
Sean Dawson (Coach), Cori Dinovitzer, Joanie Conrad
9:00am Saturdays

Back to front, left to right: Mariette Kenney, Zoltan Csepregi, Steve Kennedy;

Luciara Nardon, Mary Donaghy, Ogi Gutovic;

Natalie Aucoin, Bicki Westerheide, Sean Dawson (Coach);

Debby Whately, Ellen Pazdzior, Rob McCulloch;

Lynn Marshall (Coach), Cheri Reddin, Karen Jensen