Role of Transthoracic Impedance on the success of synchronized electrical cardioversion By Varsha Chaugai *under the supervision of* Dr. Andy Adler, Dr. Adrian D.C. Chan, Timothy Zakutney

Masters Thesis Defense Presentation – August 23, 2012





In partial fulfillment of the requirements for the degree of

Masters of Applied Science





Motivation

- Cardioversion Treatment to restore normal sinus rhythm for atrial fibrillation (AF), atrial flutter (AFL) and ventricular tachycardia (VT).
- Successful cardioversion

 sufficient current (I) for depolarization
- $I \propto \frac{1}{Transthoracic Impedance (TTI)}$



Cardioversion setup





Motivation

- Biphasic defibrillators compensate for the TTI
- Low success rate for patients with high TTI.
- More shocks for high TTI patients unbeneficial.
- Impedance compensating biphasic defibrillators improve the success rate for high TTI patients - UNCLEAR





Thesis Objectives

1. Effect of TTI on the success rate of cardioversion







Thesis Objectives

- 2. Examine the effect of pad positions using FEM
 - Pad position clinician specific
 - No general agreement





Overview of Contributions







Contribution #1 : Statistical analysis to examine the effect of TTI on the efficacy of cardioversion.

<u>Methodology :</u>

- 574 cases (952 shocks) for AF, 112 cases (125 shocks) for AFL, 89 cases (176 shocks) for VT.
- Shocks classified as "success" and "failure".
- Divided into categories of low and high energy and impedance.
- Chi-square and Fischer's exact test at $\alpha = 0.05$





Results :



100

100

• Statistically significant results for AF and VT.





Conclusion :

• High TTI, lower success rate.

 Inefficient impedance compensation.







Contribution #2 : Determination of current amplitude for a successful cardioversion

<u>Methodology :</u>

Clinical cardioversion data

Results :

 Optimal current range between 24 A – 48 A





• TTI influences \rightarrow current \rightarrow the success rate.





Contribution #3 : Effect of TTI on current density distribution in the thorax using FEM on different patient types <u>Methodology :</u> Thin







Results :













Contribution #4 : Effect of pad position on cardioversion



• Pad positions modelled using FEM





Results :

- Least current
- Low resistance
- Higher uniformity AP2 in current

Conclusion:

• AP2 - most effective







Effect of pad position on patient size:

Methodology:

• Modelling the three positions on the three patient types.

Results:

• Less current and energy for large patients at AP2

Conclusion:

 Better defibrillation result in AP2







Thesis Conclusion:

- TTI plays an important role in success rate of cardioversion.
- Pad position also affects the cardioversion efficacy.
- One of the ways to increase the success rate for high TTI patients is to change the pad position to AP2 during cardioversion.





Publication:

Contribution #4: Conference paper

 Chaugai V, Adler A, Chan ADC, Zakutney T, "Estimation of effective pad positions during cardioversion using 3-dimensional finite element model", 35th Conference of the Canadian Medical & Biological Engineering Society, Halifax, Canada, 2012. Role of Transthoracic Impedance on the success of synchronized electrical cardioversion By Varsha Chaugai *under the supervision of* Dr. Andy Adler, Dr. Adrian D.C. Chan, Timothy Zakutney

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Future work:

- 1. Prospective Study
- 2. Current based defibrillators
- 3. Measurement of the impedance before the cardioversion procedure
- 4. Refining the FEM model
- 5. Analysis of pad shape and pad size
- 6. Finding current in the heart
- 7. Comparison of FEM results with the clinical data
- 8. Inclusion of Defibrillation events





Questions:

- Cardiac arrest – no electrical conduction in the heart



Atrial flutter

Atrial fibrillation

VT: rapid ventricular Contractions, no blood Pumped in the heart

- Pacemaker : something wrong with SA or AV node or during cardiac block





- true <u>null hypothesis</u> was incorrectly rejected (Type I error) or where one fails to reject a false <u>null hypothesis</u> (Type II error).
- Impedance does not affect but u say impedance affect (type I error)
- Results show impedance affect, but u reject it and show the impedance doesnot affect (type II error)
- That's why we use 0.05 as we are less prone to make type II error
- Erroneous results if chi-square is used for <5
- Confounding effect variables that affect dependent & independent
 Variable (for our case like age, gender, duration of arrhythmia, patient's
 Condition, drug(medicine) consumption history.

 ²²





Dysfunction – changed into different arrhythmia, harm is temporary

- Damage/injury- damage to the myocardial cells and it is permanent.– Thromboembolism, ischemia, degeneration of the cells, myocarditis, Cell necrosis
 - How is giving more number of shocks harmful? Causes damage Strength-duration relationship